



Just Breathe

Pure & Organic Diffuser Blend

Fresh Air, Clear Space

Who It's Designed For:

Just Breathe is designed to support a clear, comfortable breathing environment for the whole family.

This blend offers plant-based aromatic support for:

- Times when breathing feels restricted or uncomfortable
- Seasonal changes that affect the airways
- Creating a cleaner, more refreshing environment
- Supporting a sense of open and easy breathing
- Everyday respiratory support through aromatic use



Nature's Comfort

This blend combines pure essential oils traditionally valued for their fresh, clarifying, and cleansing aromatic properties.

- Eucalyptus Radiata (*Eucalyptus radiata*)
- Peppermint (*Mentha piperita*)
- Tea Tree (*Melaleuca alternifolia*)
- Wintergreen (*Gaultheria procumbens*)
- Clove (*Syzygium aromaticum*)

Together, they create a crisp, cooling aroma that helps clear the airways, ease feelings of congestion, and support more comfortable breathing.



Why You Will Love It

01

Supports Clear Breathing

Helps create a more open and comfortable breathing experience

Helps Ease Congestion

Supports a clearer, less heavy feeling in the airways

02

03

Helps Break Up Mucus

Supports easier breathing when feeling congested or heavy

Supports During Seasonal Changes

Ideal when experiencing cold, flu, or sinus-related discomfort

04

05

Cooling Sensation for Clearer Breathing

Provides a refreshing sensation that helps you feel clearer

How to Use Just Breathe Diffuser Blend

Add to your diffuser as directed by the manufacturer and allow the aroma to gently fill your space.

General guide:

- Small diffuser (100ml): 3–5 drops
- Medium diffuser (200–300ml): 5–8 drops
- Large diffuser (400ml+): 8–10 drops

Use when experiencing congestion, sinus discomfort, or during seasonal illness to support clearer, more comfortable breathing.



Safety & Precautions

- Just Breathe is a pure essential oil blend and should be used with care.
- For external aromatic use only. Intended for diffuser use only. Do not ingest.
- Do not apply directly to the skin, eyes, face, or sensitive areas, as this is a concentrated blend.
- Use in a well-ventilated space and avoid continuous diffusion for extended periods. Diffuse in intervals and allow breaks between use.
- Keep out of reach of children and pets.
- If sensitivity, irritation, or discomfort occurs, discontinue use immediately.
- Clients who are pregnant, breastfeeding, or under medical care should seek professional guidance before use.
- Store in a cool, dry place away from direct sunlight.