



Kiddie Calm

Gentle Emotional
Balance & Calm

Supporting little hearts through big feelings.

Who It's Designed For:

Kiddie Calm is designed to support emotional balance and calm during moments of overwhelm, overstimulation, and daily transitions. This blend provides grounding aromatic support for:

- Busy school days
- Emotional overwhelm
- Routine changes
- Travel and new environments
- Settling before bedtime



Kiddie Calm
(Ages 3-24 Months)



Kiddie Calm
(Ages 2-6 years)

Nature's Comfort

This blend combines pure and organic essential oils traditionally valued for gentle daytime emotional regulation, calming support, and promoting emotional balance in developing systems.

- Cedarwood oil (*Cedrus atlantica*)
- Geranium oil (*Pelargonium graveolens*)
- Roman Chamomile oil (*Chamaemelum nobile*)
- Bergamot FCF oil (*Citrus aurantium bergamia*)

Jojoba oil (*Simmondsia chinensis*) is selected as a carrier for its excellent skin compatibility and gentle absorption. It helps deliver essential oils in a balanced and non-greasy way while supporting sensitive and developing skin.



Why These Ingredients Are Chosen

Each ingredient is selected for its specific aromatic profile to encourage gentle daytime emotional regulation, support developing nervous systems, and promote calm, balanced responses to everyday experiences.

Cedarwood

Grounding and stabilising, helping to support emotional security and calm during busy or overstimulating moments.

Geranium

Balancing and harmonising, traditionally used to support emotional steadiness and mood regulation.

Roman Chamomile

Soothing and nurturing, valued for promoting relaxation and emotional comfort.

Bergamot FCF

Uplifting yet calming, helping to ease tension while encouraging a balanced emotional state.

Why Parents/you'll love it

01 Gentle Daytime Emotional Support - Supports calm, balanced responses to everyday experiences and overstimulation.

Developing Nervous System Friendly - Thoughtfully created for sensitive and developing systems.

02

03 Encourages Emotional Regulation - Helps children manage big emotions in a supportive way.

Smooth Daily Transitions - Supports routines, school, and busy environments.

04

05 Natural Family Wellness - A gentle and reassuring daily support tool.

How to Use Kiddie Calm: 3-24 Months

Application

Apply 1 gentle roll to the soles of the feet.

Frequency

Use up to 2 times daily as part of a gentle daytime routine.

Best Moment

Use during emotional transitions, overstimulation, new environments, or busy days when extra calm and support is needed.

How to Use Kiddie Calm +: 2-6 Years

Application

Apply 1 roll to the soles of the feet or wrists.

Frequency

Use up to 2 times daily as part of a consistent daytime routine.

Best Moment

Use during emotional transitions, busy routines, new environments, or moments of overstimulation when extra calm and balance are needed.



Safety & Precautions

- Kiddie Calm is available in age-specific variants. Always confirm the child's age and recommend the correct version.
- For external use only. Avoid contact with the eyes, face, and nose.
- Apply only to recommended areas such as the soles of the feet, wrists, or along the spine.
- Patch testing is recommended before first use, especially for sensitive skin.
- Discontinue use if any irritation occurs.
- If the child has known sensitivities or health concerns, parents should seek professional guidance before use.
- Store in a cool, dry place and keep out of reach of children.