



*Flara Grace*

# No Snore

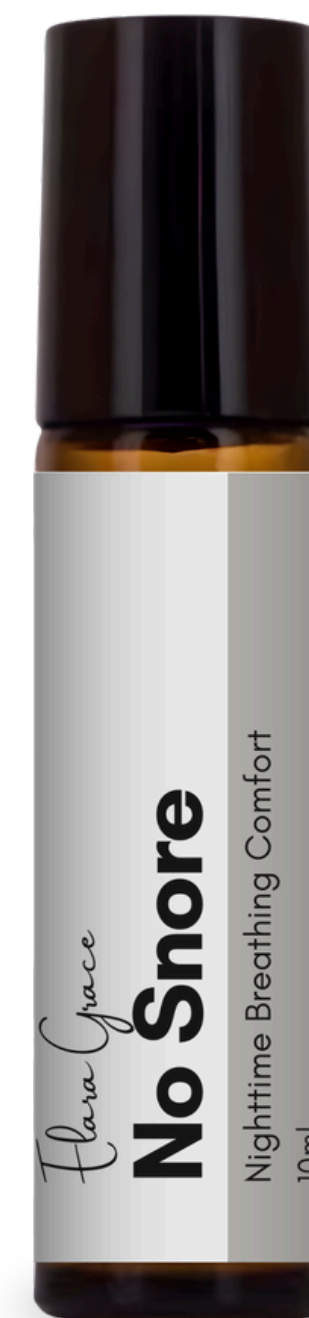
Nighttime Breathing Comfort

*Restful Sleep & Breathing Comfort*

# Who It's Designed For:

No Snore is designed to support comfortable breathing and restful sleep by encouraging clear, relaxed airways during the night. This blend provides calming aromatic support for:

- Night-time breathing comfort
- Occasional snoring linked to congestion or tension
- Restless or disrupted sleep due to airway discomfort
- Busy or overstimulated evenings
- Establishing calm and consistent bedtime routines



No Snore  
(Ages 6+ years)

# Nature's Comfort

This blend combines pure and organic essential oils traditionally valued for supporting relaxed breathing, easing throat and neck tension, and encouraging calm, settled sleep.

- Lavender oil (*Lavandula angustifolia*)
- Eucalyptus radiata oil (*Eucalyptus radiata*)
- Cedarwood oil (*Cedrus atlantica*)
- Geranium oil (*Pelargonium graveolens*)
- Sweet Marjoram oil (*Origanum majorana*)

Jojoba oil (*Simmondsia chinensis*) is selected as a carrier for its excellent skin compatibility and smooth absorption. It supports the skin barrier while allowing the essential oils to be delivered in a balanced, non-greasy way.



# Why These Ingredients Are Chosen

Each ingredient is selected for its specific aromatic profile to support relaxed breathing, encourage muscle and airway relaxation, and promote calm, uninterrupted sleep.

## **Lavender**

Calming and balancing, widely used to promote relaxation, reduce tension, and support peaceful sleep.

## **Eucalyptus Radiata**

Fresh and clearing, known for supporting comfortable breathing and helping to encourage open, relaxed airways.

## **Cedarwood**

Grounding and soothing, traditionally valued for promoting relaxation and supporting restful, deeper sleep.

## **Geranium**

Balancing and harmonising, helping to ease physical and emotional tension that may contribute to restless nights.

## **Sweet Marjoram**

Warm and comforting, traditionally used to support muscle relaxation and ease tension in the neck and throat area.

**01 Supports Relaxed Nighttime Breathing**  
Encourages comfortable airflow and gentle respiratory ease during sleep.

**Promotes Restful, Uninterrupted Sleep**  
Helps create a calm environment for deeper and more restorative rest.

**02**

**03 Eases Tension That May Contribute to Snoring**  
Supports relaxation in the neck, throat, and body before bedtime.

**Encourages Calm Bedtime Habits**  
A soothing addition to consistent and supportive evening routines.

**04**

**05 Simple, Natural Nighttime Support**  
A practical wellness tool for the whole family.

## How to Use No Snore: 6-12 Years

### Application

Apply 1-2 rolls to the soles of the feet or back of the neck.

### Frequency

Use once in the evening, 20-30 minutes before bedtime.

### Best Moment

Use as part of a calm and consistent bedtime routine to support relaxed breathing and nighttime comfort.

## How to Use No Snore: Teens & Adults

### Application

Apply 1-2 rolls to the soles of the feet, back of the neck, or along the spine.

### Frequency

Use once in the evening, 20-30 minutes before bedtime.

### Best Moment

Use before sleep to encourage comfortable breathing and a more settled night.



# Safety & Precautions

- No Snore is intended for children aged 6 years and older, as well as teens and adults. Always confirm the user's age before recommending.
- For external use only. Do not ingest. Avoid contact with the eyes, face, and nose.
- Apply only to recommended areas such as the soles of the feet, back of the neck, or along the spine.
- Patch testing is recommended before first use, especially for sensitive skin.
- Discontinue use if any irritation or discomfort occurs.
- Clients with known sensitivities, respiratory conditions, or underlying health concerns should seek professional guidance before use.
- Store in a cool, dry place and keep out of reach of young children.