

Serenity

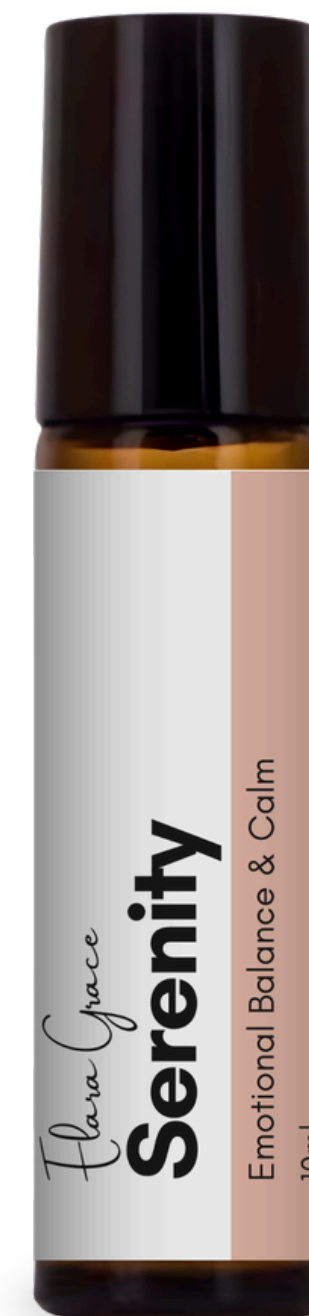
Emotional
Balance & Calm

Find your calm. Stay grounded.

Who It's Designed For:

Serenity is designed to support emotional balance and a sense of calm during everyday stress and emotional tension. This blend provides grounding aromatic support for:

- Busy lifestyles
- Emotional overwhelm
- Daily stress
- Moments requiring calm focus
- Evening wind-down routines



Serenity
(Ages 2+ Years)

Nature's Comfort

This blend combines pure and organic essential oils traditionally valued for emotional grounding, calm, and supporting a balanced nervous system during everyday stress and emotional tension.

- Lavender oil (*Lavandula angustifolia*)
- Bergamot FCF oil (*Citrus aurantium bergamia*)
- Sweet Orange oil (*Citrus sinensis*)
- Frankincense oil (*Boswellia carterii*)

Jojoba oil (*Simmondsia chinensis*) is selected as a carrier for its excellent skin compatibility and gentle absorption. It supports the skin barrier and allows the essential oils to be delivered in a smooth, non-greasy way, making it suitable for regular daytime use.



Why These Ingredients Are Chosen

Each ingredient is selected for its specific aromatic profile to encourage emotional balance, nervous system support, and a calm, grounded state during periods of stress or emotional tension.

Lavender

Well known for its calming and relaxing aroma, supporting emotional balance and inner calm.

Bergamot FCF

Uplifting and grounding, helping to ease emotional tension and promote a positive outlook.

Sweet Orange

Warm and comforting, encouraging emotional ease and a sense of wellbeing.

Frankincense

Deeply grounding, supporting resilience, calm focus, and emotional stability.

Why You Will Love It

01

Emotional Balance & Nervous System Support

Helps create a calm and steady emotional foundation.

Grounding & Reassuring

Encourages emotional resilience and inner calm.

02

03

Supports Stress Management

Helps you navigate daily overwhelm with greater ease.

Promotes Emotional Stability

Encourages a balanced and positive mindset.

04

05

Simple Daily Self-Care

A natural addition to your wellness routine.

How to Use Serenity: 2-6 Years

Application

Apply 1 roll to the soles of the feet or wrists.

Frequency

Use up to 2 times daily as part of a gentle emotional support routine.

Best Moment

Use during emotional overwhelm, transitions, new environments, or busy days when extra calm and reassurance are needed.

How to Use Serenity: 6-12 Years

Application

Apply 1-2 rolls to the wrists or soles of the feet. A light application may also be used along the spine if needed.

Frequency

Use up to 2 times daily.

Best Moment

Use before school, social situations, or during periods of stress, emotional tension, or increased demands.



How to Use Serenity: Teens & Adults

Application

Apply 1–2 rolls to the wrists, back of the neck, or soles of the feet.

Frequency

Use up to 2–3 times daily as needed.

Best Moment

Use during stressful days, emotional pressure, busy routines, or as part of a consistent calming routine.



Safety & Precautions

- Serenity is intended for children aged 2 years and older, as well as teens and adults. Always confirm the user's age before recommending.
- For external use only. Avoid contact with the eyes, face, and nose.
- Apply only to recommended areas such as the wrists, back of the neck, or soles of the feet.
- Patch testing is recommended before first use, especially for sensitive skin.
- Discontinue use if any irritation or discomfort occurs.
- Clients who are pregnant, breastfeeding, or managing health concerns should seek professional guidance before use.
- Store in a cool, dry place and keep out of reach of young children.