



Sinus Relief

Sinus Comfort & Clarity

For clear breathing and sinus comfort.

Who It's Designed For:

Sinus Relief is designed to support clear breathing and targeted sinus comfort for older children, teens, and adults. This blend helps ease congestion, pressure, and sinus sensitivity while encouraging comfortable, relaxed breathing. It offers supportive care for:

- Sinus congestion and blocked airways
- Pressure and tension linked to sinus sensitivity
- Weather and seasonal changes
- Travel, flights, and pressure shifts
- Environmental and lifestyle triggers



Sinus Relief
(Ages 6+ Years)

Nature's Comfort

This blend combines pure and organic essential oils traditionally valued for supporting sinus clarity and comfortable breathing. It helps ease congestion, reduce pressure, and encourage a fresh, open breathing experience.

- Lavender oil (*Lavandula angustifolia*)
- Eucalyptus radiata oil (*Eucalyptus radiata*)
- Peppermint oil (*Mentha piperita*)
- Frankincense oil (*Boswellia carterii*)
- Copaiba oil (*Copaifera officinalis*)

Jojoba oil (*Simmondsia chinensis*) is selected as a carrier for its excellent skin compatibility and smooth absorption. It supports the skin barrier while allowing the essential oils to be delivered in a balanced, non-greasy way.



Why These Ingredients Are Chosen

Each ingredient is selected to support sinus clarity, ease congestion, and encourage comfortable, relaxed breathing.

Lavender

Helps calm irritation and supports overall respiratory comfort.

Eucalyptus Radiata

Traditionally valued for supporting clear airways and helping ease congestion.

Peppermint

Fresh and cooling, helping encourage a clearer breathing experience.

Frankincense

Supports calm, steady breathing and helps ease sinus tension.

Copaiba

Gentle and soothing, helping support comfort in sensitive or irritated airways.

01

Targeted Sinus Clarity

Supports clearer airways and comfortable breathing.

Helps Ease Pressure and Congestion

Encourages relief from sinus tension and blocked airways.

02

03

Stronger, More Focused Support

Formulated for older children, teens, and adults needing targeted care.

Everyday Lifestyle Support

Ideal for weather changes, travel, and environmental triggers.

04

05

Fresh, Balanced and Effective

Provides clarity without harsh or overpowering ingredients

How to Use Sinus Relief: 6-12 Years

Application

Apply 1-2 rolls to the upper chest, back of the neck, or along the spine. A light application may also be used on the wrists so the aroma can be inhaled when needed.

Frequency

Use up to 2 times daily, or as needed during periods of congestion or sinus sensitivity.

Best Moment

Use during seasonal changes, travel, flights, weather transitions, or when sinus comfort and clear breathing are needed.

How to Use Sinus Relief: Teens & Adults

Application

Apply 1-2 rolls to the upper chest, back of the neck, or along the spine. A small amount may also be applied to the wrists to allow gentle inhalation throughout the day. The temples may be used with care, avoiding the eye area.

Frequency

Use up to 2-3 times daily, or as needed during periods of congestion, pressure, or sinus sensitivity.

Best Moment

Use during seasonal changes, travel, flights, weather transitions, or when sinus clarity and breathing comfort are needed.



Safety & Precautions

- Sinus Relief is intended for children aged 6 years and older, as well as teens and adults. Always confirm the user's age before recommending.
- For external use only. Do not ingest. Avoid contact with the eyes, face, and nose.
- Apply only to recommended areas. When using near the temples, avoid the eye area and use with care.
- Patch testing is recommended before first use, especially for sensitive or reactive skin.
- Discontinue use if any irritation or discomfort occurs.
- Clients who are pregnant, breastfeeding, or managing underlying health concerns should seek professional guidance before use.
- Store in a cool, dry place and keep out of reach of young children.
- For babies and young children, use Sniffle Support instead.