



Flara Grace

Vitality Combos



Vitality Trio



Rapid Fat Burn

Morning Activation.
Supports fat utilisation and
appetite control.



Metabolic Aid

Nighttime Balance. Supports
digestion, gut balance, and
nutrient absorption.



Detox Support

Weekend Reset. Assists
natural elimination and
detoxification pathways.

Rapid Fatburner



Core Function: Fat burn & appetite support.
Protocol: 1 Capsule in the Morning.

Active Ingredients:

- **Garcinia Cambogia:** Reduces appetite.
- **Momordica Extract:** Boosts metabolism.
- **Fenugreek Extract:** Improves digestion.
- **Piper Nigrum (Black Pepper):** Enhances nutrient absorption.

Dietary Supplement. Consult healthcare professional before use.

Metabolic Aid



Core Function: Balanced metabolism & digestive wellbeing.

Protocol: 1 Capsule at Night.

Active Ingredients:

- **Aloe Vera Extract:** Boosts metabolism, promotes fat conversion, and delivers vital nutrients.

Dietary Supplement. Consult healthcare professional before use.

Detox Support



Core Function: Gentle daily detox for digestive balance.

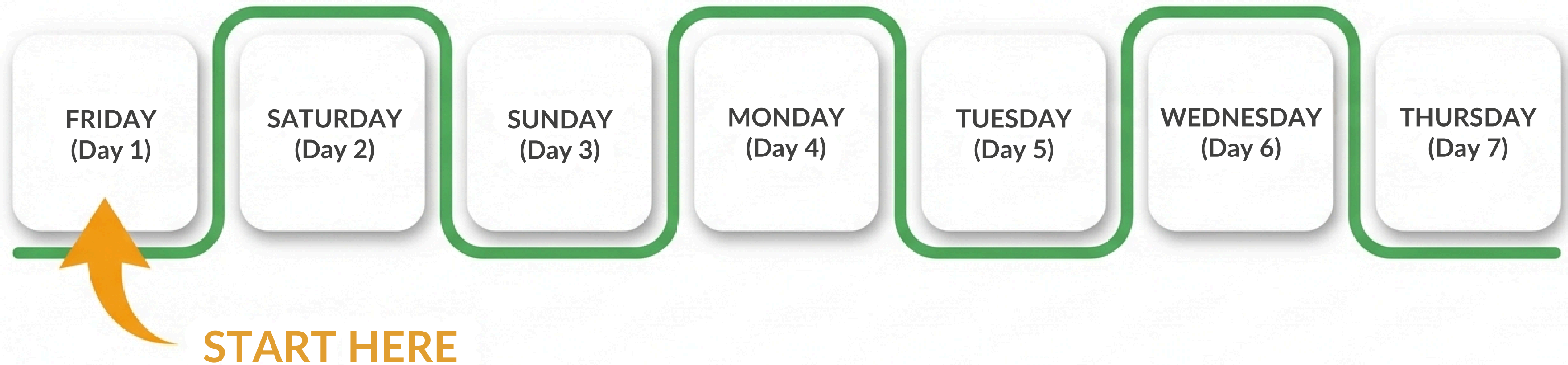
Protocol: 1 Capsule Friday & Saturday Night.

Active Ingredients:

- Azadirachta indica: Supports natural detoxification and internal balance.
- Curcuma longa: Provides antioxidant support and assists liver and inflammatory balance.

Dietary Supplement. Consult healthcare professional before use.

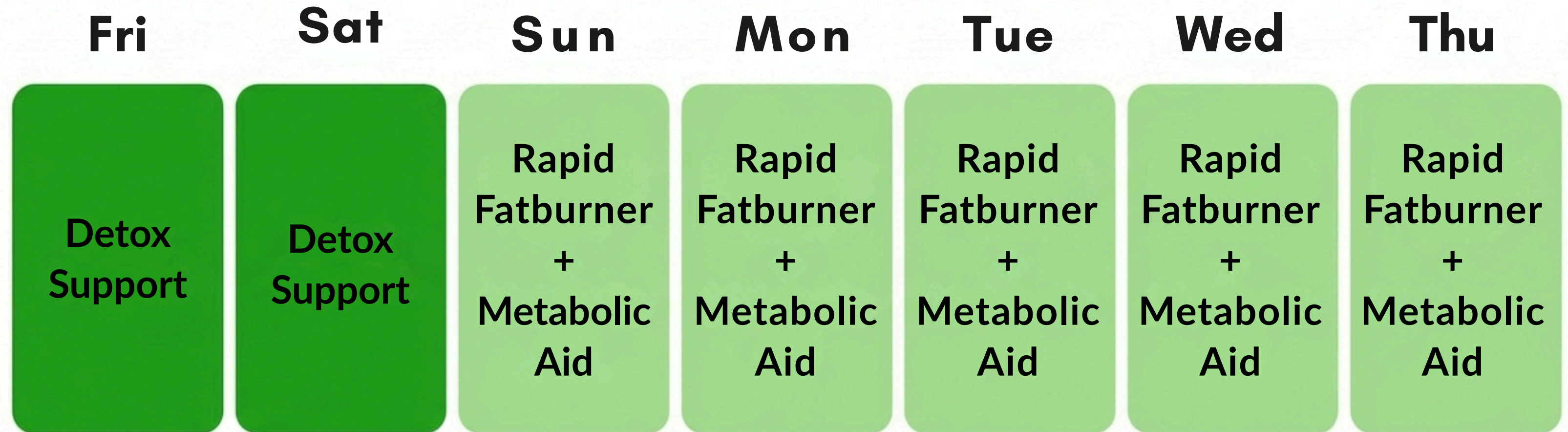
How the 7-Day Cycle Works



The Cycle always begins on a Friday. The pattern repeats weekly.

The Standard Protocol

Designed for a gradual, paced metabolic rhythm.

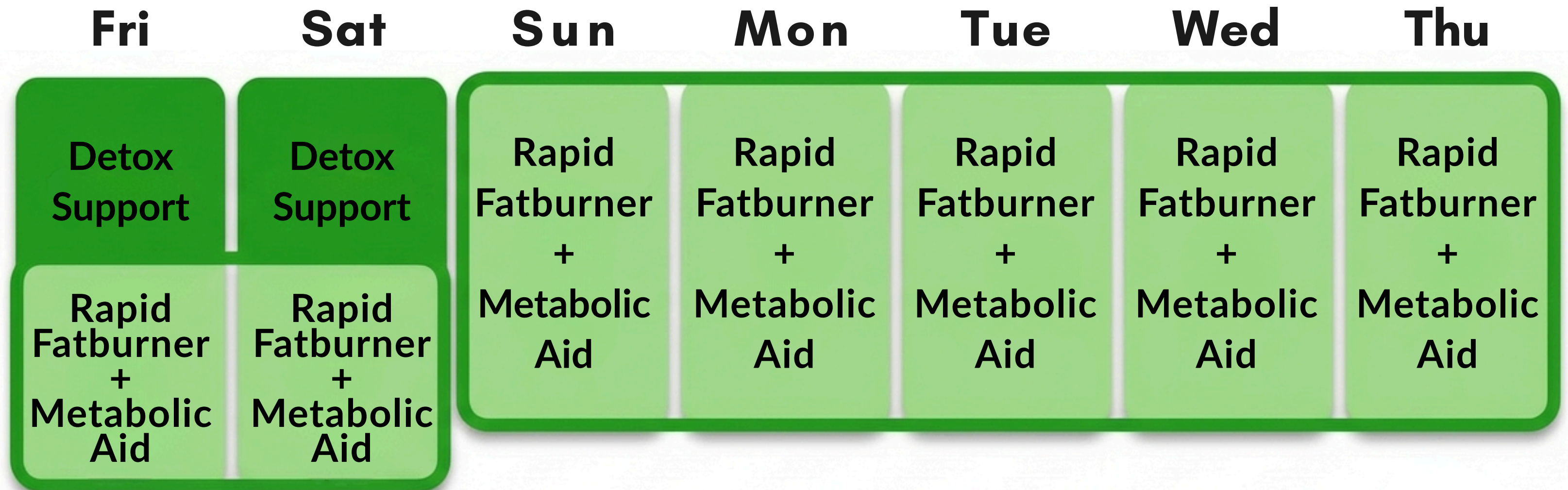


Agent Note

This format spaces out the metabolic aids to allow the body to adjust gently.

The Concentrated Protocol

Provides increased metabolic frequency while maintaining structured detox support.



Metabolic Balance Meets Mental Clarity

Building on the structured metabolic system of the Trio by incorporating daily cognitive support.



= **Vitality 4-in-1 Combo**

Brain Balance



Core Function: Daily cognitive & nervous system support.

Protocol: Daily cognitive & nervous system support.

Active Ingredients:

- L-Glutamine – Supports neurotransmitter function and gut-brain communication.

Dietary Supplement. Consult healthcare professional before use.

Advanced option: Weekly Cycles

Fri **Sat** **Sun** **Mon** **Tue** **Wed** **Thu**

Brain Balance: Take Daily throughout the entire cycle.

Detox
Support

Detox
Support

Rapid
Fatburner
+
Metabolic
Aid

Rapid
Fatburner
+
Metabolic
Aid

Rapid
Fatburner
+
Metabolic
Aid

Rapid
Fatburner
+
Metabolic
Aid

Rapid
Fatburner
+
Metabolic
Aid

Brain Balance: Take Daily throughout the entire cycle.

Detox
Support

Detox
Support

Rapid
Fatburner
+
Metabolic
Aid

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+
Metabolic
Aid

The Standard
Protocol & Brain
Balance



The Advanced
Protocol & Brain
Balance



Optimizing Your Results



Hydration: Maintain adequate water intake to support detoxification.



Nutrition: Support results with balanced nutrition and sufficient protein.



Movement: Regular movement activates the metabolic benefits.



Consistency: The system relies on the weekly rhythm-consistency is key.

Note: Start slowly if sensitive to supplements.

Precautions and Storage

These Combo's consists of dietary supplements intended for wellness support.

Precautions:

- Not recommended during pregnancy or breastfeeding
- Clients taking medication should consult a healthcare provider before use
- Some individuals may experience mild detox reactions. Start slowly.

Storage:

- Store in a cool, dry place
- Keep out of reach of children

Disclaimer: This product is a dietary supplement and is not intended to diagnose, treat, cure, or prevent any disease. All stated benefits relate to the known nutritional roles of the listed ingredients. Individual responses may vary.